

50th Street Schedule / Ultimate



50th Street Club - 5025 50th Street • (806) 788-5500 • Kids' Club Hours: Monday - Thursday: 5:15 PM - 7:45 PM; Saturday: 8:45 AM - 11:00 AM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
GX	5:30 PM Jazzercise Megan	5:30 PM Yoga Mariluz 6:30 PM Jazzercise Megan	6:30 PM Ultimate Workout - Mimi	5:30 PM Yoga Mariluz 6:30 PM Jazzercise Megan		Saturday 9:45 AM Yoga Mariluz
KARATE	5:15 AM Kickboxing 10:00 AM Advanced Adult Karate 11:00 AM Kids Karate 12:00 PM Kickboxing 4:30 PM Kids Karate 5:30 PM Kickboxing 6:30 PM Karate	12:00 PM Kickboxing 5:30 PM Kids Karate 6:30 PM Kickboxing	5:15 AM Kickboxing 10:00 AM Advanced Karate 11:00 AM Kids Karate 12:00 PM Adult Karate 4:30 PM Kids Karate 5:30 PM Kickboxing 6:30 PM Adult Karate 7:30 PM Kickboxing	12:00 PM Kickboxing 5:30 PM Kids Karate 6:30 PM Karate	5:15 AM Kickboxing 11:00 AM All Karate 12:00 PM Kickboxing 5:30 PM Karate 6:00 PM Kickboxing	Saturday 10:00 AM Kickboxing 11:30 AM Karate Sunday None Offered
MMA*	6:00 PM MMA Cardio 7:00 PM Collegiate Wrestling (7 to 9 PM)	6:00 PM MMA Cardio 7:00 PM Boxing / Kickboxing (7 to 9 PM)	6:00 PM MMA Cardio 7:00 PM Grappling / Jiu-Jitsu (7 to 9 PM)	6:00 PM MMA Cardio 7:00 PM Open Mat		
KBell*	5:30 PM Beginner 6:30 PM Intermediate			5:30 PM Beginner 6:30 PM Intermediate		

*Ultimate membership required for MMA or Kettlebell classes. Ultimate or Karate membership required for Karate Classes