34th St. - GX SCHEDULE - JULY 2017

24 HOUR CLUB: 5921-34th Street / (806) 799-4040

Group Exercise Director - Rachel White
rachel@gobodyworks.com

Questions about Zumba? Contact Brandi Wilson
brandipwilson@gmail.com

Group X Room #1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00p GROUP BLAST Kristi S *(no class 7/16 due to training)*	5:15a ZUMBA Jessica **V**		5:15a ZUMBA Jessica **V**	5:15a STRONG Rosa *(class will meet Tues 7/25, no class 7/27)*	5:15a ZUMBA Rosa	9:00a ZUMBA Sabrina *(no class 7/15.... ...join us at the pool for Zumba FIESTA!!)*
3:00p ZUMBA Jessica G *(no class 7/16 due to training)*	10:00a ZUMBA Sabrina	10:00a STRONG Brandi *(no class 7/4)*	10:00a ZUMBA Joann		9:00a RIPPED Joann	10:00a STRONG Staff *(No class 7/15... ...join us at the pool for Zumba FIESTA!!)*
					10:00a ZUMBA Nelly	
	5:30p ZUMBA Brandi	6:00p WAR Shelly J *(no class 7/4)*	5:30p STRONG Joann	6:00p ZUMBA Brandi	5:30p ZUMBA Raquel	
	6:30p ZUMBA TONING Val	7:00p ZUMBA Rosa *(no class 7/4)*	6:30p HIP HOP **Angelita**	7:00p STRONG Lupe		

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Group X Room #2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00p GROUP POWER Deanna	9:00a ULTIMATE WORKOUT Sandi	5:15a GROUP POWER Deanna *(no class 7/4)*		5:15a GROUP POWER Deanna	9:00a ULTIMATE WORKOUT Sandi	10:30a GROUP CENTERGY 7/1 Keely 7/8 Keely 7/15 Keely 7/22 Evan 7/29 Evan
3:15p GROUP CENTERGY Keely	10:00a CORE CHALLENGE Sandi	9:00a GROUP CENTERGY Rachel *(no class 7/4)*	10:00a BODY SCULPT Heather			
	4:30p GROUP POWER Sabrina	10:00a GROUP POWER Janelle *(no class 7/4)*	4:30p GROUP POWER Melissa	10:00a GROUP POWER Janelle		
	5:30p GROUP BLAST Kayla	6:00p GROUP CENTERGY Shelley/Summer *(no class 7/4)*	5:30p GROUP CORE Janelle	6:00p GROUP POWER Tricia	5:30p GROUP BLAST 7/7 Haley 7/14 Kristi 7/21 Kayla 7/28 Katy	
	6:30p GROUP POWER Liz	7:00p GROUP POWER Tricia *(no class 7/4)*	6:30p ULTIMATE WORKOUT Mimi	7:00p GROUP CENTERGY Keely		