



34th St. - GX SCHEDULE - JUNE 2017

24 HOUR CLUB: 5921-34th Street / (806) 799-4040

Group Exercise Director - Rachel White
rachel@gobodyworks.com

Questions about Zumba? Contact Brandi Wilson
brandipwilson@gmail.com

Group X Room #1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:00p GROUP BLAST Kristi S	5:15a ZUMBA Jessica V	<i>new format!!!</i>	5:15a ZUMBA Jessica V	<i>new format!!!</i>	5:15a ZUMBA Rosa	9:00a ZUMBA Sabrina
		10:00a ZUMBA Sabrina		10:00a ZUMBA Joann		5:15a STRONG Rosa	9:00a RIPPED Joann
	3:00p ZUMBA Brandi/Rosa		<i>new format!!!</i>		<i>new format!!!</i>	10:00a ZUMBA Nelly	10:00a ZUMBA TONIING Val/Lupe 6/3 Val 6/10 Lupe 6/17 FIESTA!! 6/24 Val
		5:30p ZUMBA Brandi		5:30p STRONG Joann		6:00p ZUMBA Brandi	
		6:30p ZUMBA TONING Val		6:00p WAR Shelly J		7:00p STRONG Lupe	5:30p ZUMBA Raquel
			7:00p ZUMBA Rosa	6:30p HIP HOP Angelita			

Group X Room #2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:00p GROUP POWER Deanna	9:00a ULTIMATE WORKOUT Sandi	5:15a GROUP POWER Deanna		5:15a GROUP POWER Deanna	9:00a ULTIMATE WORKOUT Sandi	10:30a GROUP CENTERGY 6/3 Keely 6/10 Evan 6/17 Keely 6/24 Evan
	3:15p GROUP CENTERGY Keely	10:00a CORE CHALLENGE Sandi	9:00a GROUP CENTERGY Rachel	10:00a BODY SCULPT Heather	10:00a GROUP POWER Janelle		
		4:30p GROUP POWER Sabrina	10:00a GROUP POWER Janelle	4:30p GROUP POWER Melissa	6:00p GROUP POWER Tricia		
		5:30p GROUP BLAST Kayla	6:00p GROUP CENTERGY Shelley/Summer	5:30p GROUP CORE Janelle	7:00p GROUP CENTERGY Keely	5:30p GROUP BLAST 6/2 Kristi 6/9 Kayla 6/16 Katy 6/23 No Class 6/30 Kayla	
		6:30p GROUP POWER Liz	7:00p GROUP POWER Tricia	6:30p ULTIMATE WORKOUT Mimi			